

Allah Hears My Dua!

A comforting lesson for little hearts (Ages 3-5)



Big Idea

Allah hears my dua.



Heart Goal

The child feels safe asking Allah for help, comfort, and goodness.



Lesson Objective

The child participates in making a very short dua and understands simply that Allah hears.

Language Focus: Dua



Story Time with Sami

One evening, Sami felt a little afraid . His room was darker than usual, and he wanted his mother.

She came and sat beside him. Sami said softly, *"I feel scared."*

His mother held his hand and said,
"When we feel scared, sad, or worried, we can ask Allah for help." 

Sami looked at her and asked, *"Can Allah hear me?"*

His mother smiled gently. **"Yes. Allah hears your dua."**

Sami sat up a little. *"My dua?"*

"Yes," she said. "When you ask Allah, Allah hears you."  

Sami closed his eyes for a moment. Then he whispered,
"O Allah, help me." 🙏

His mother smiled. "That is a dua."

Sami took a deep breath. He felt calmer now. He was not alone. Allah heard him.

He whispered again, **"Allah hears my dua."**

Then he lay down peacefully, knowing that he could always call upon Allah. 🌙💤

Talk Together

- What can we do when we feel scared or need help?
- Who hears our dua?
- Can you say a small dua?

Let's Say It!

"Allah hears my dua."

Tiny Dua

O Allah, help me.

Practice Today

Say one small dua today:

"O Allah, help me."

or

"O Allah, thank You." 🙏

Teacher/Parent Note:

This lesson is deeply important for emotional security. Keep the tone soft and comforting. Assure the child that Allah is always listening, no matter what they are feeling.