

✨ Allah Made Me! ✨

A joyful lesson for little hearts (Ages 3-5)



Big Idea

Allah made me.



Heart Goal

The child feels happy, safe, and loved as someone created by Allah.



Lesson Objective

The child participates by saying, pointing, smiling, repeating, or calmly engaging with the idea: *"Allah made me."*

Language Focus: Allah



Story Time with Amina



Amina looked at her little hands 🖐️. She opened them and closed them.

Then she looked at her feet 👣. She wiggled her toes and smiled.

Her mother 👩 sat beside her and said,
"Who made your little hands?"

Amina looked up. Her mother said softly,
"Allah made you." ✨

Amina touched her hands again. Then her mother asked,
"Who made your eyes?" 👁️

Amina blinked and smiled.

"Allah made your eyes," her mother said.

Amina touched her ears 🦻. She touched her nose 🤪. She touched her hair.

Her mother smiled and said, **"Allah made all of you."**

Amina felt happy inside 😊. She was not forgotten. She was not alone. Allah made her with care.

She stood up and said, **"Allah made me!"**

Her mother hugged her 🤗 and said, "Yes. Allah made you, and that is a beautiful blessing."

Amina smiled again. She looked at her hands one more time and whispered,
"Allah made me." 💖

Talk Together

- Who made you?
- Who made your hands?
- Who made your eyes?

Let's Say It!

"Allah made me."

Tiny Dua

Alhamdulillah.

Practice Today

Touch your hands , your eyes , and your head , and say:
"Allah made me."



Teacher/Parent Note:

Do not over-explain creation. The goal is loving identity and calm wonder, not intellectual detail. Keep the tone warm, loving, and reassuring.