



I Can Say Sorry!



A safe and gentle lesson for little hearts (Ages 3-5)



Big Idea

When we make a mistake, we can say sorry.



Heart Goal

The child feels safe making repair after a mistake.



Lesson Objective

The child practices the language of apology in a gentle, simple context.

Language Focus: Sorry / forgiveness



Story Time with Khadija



Khadija was drawing with crayons . As she reached for one, her elbow bumped her friend's paper.

The paper fell to the floor . Her friend looked sad .

Khadija froze for a moment. Then she looked at her friend and said softly,

"I'm sorry."

Her teacher  came over and smiled gently.

"That was good. When we make a mistake, we can say sorry."

Khadija helped pick up the paper. Then she handed her friend a crayon .

Her friend smiled again .

Khadija felt better. She had made a mistake, but she had also done something good after it. .

Later, she remembered: making a mistake is not the end. We can fix it with honesty and kindness.

**She whispered to herself,
"I can say sorry."** 

Talk Together

- What happened in the story?
- What did Khadija say?
- Is saying sorry good after a mistake?

Let's Say It!

**"I can say
sorry."**

Tiny Dua

**O Allah, help me
fix my mistakes.**

Practice Today

If you bump, grab, or upset someone, practice saying:
"I'm sorry."

Teacher/Parent Note:

This lesson should reduce shame and increase repair. The goal is not guilt. The goal is healthy correction. Assure the child that everyone makes mistakes and that repairing them is a beautiful action.