



I Help at Home!



A helpful lesson for little hearts (Ages 3-5)



Big Idea

Helping at home is good.



Heart Goal

The child feels happy being useful and kind in the home.



Lesson Objective

The child identifies a small action they can do to help at home.

Language Focus: Good deeds



Story Time with Zahra



Zahra saw her mother folding clothes . There was a small pile beside her.

Zahra watched for a moment. Then she picked up one little shirt and tried to fold it too.

Her mother looked at her and smiled. *"Are you helping me?"*

Zahra nodded. *"Yes."*

Her mother said,

"That is very kind. Helping at home is good." 

Zahra felt proud. She picked up another piece of clothing and placed it neatly in the basket .

Then she carried a small towel to the shelf.

Her mother smiled again. **"You are helping. Allah loves good actions."** ✨

Zahra beamed 😊. She was small, but she could still do something good.

When she finished, she looked around the room and said happily,

"I help at home." 🏠

Talk Together

- What did Zahra do?
- Was she helping?
- How can you help at home?

Let's Say It!

"I help at home."

Tiny Dua

O Allah, help me do good.

Practice Today

Do one small helpful thing at home:

- put something away • carry something light • help clean a small area



Teacher/Parent Note:

Keep the action realistic and small. This lesson is about joyful participation, not adult-level chores. Acknowledge and praise their tiny efforts to build their confidence.