

I Make Dua!

A peaceful lesson for little hearts (Ages 3-5)



Big Idea

I can ask Allah in dua.



Heart Goal

The child feels that dua is natural, safe, and close.



Lesson Objective

The child says a very short dua for help, goodness, or thanks.

Language Focus: Dua



Story Time with Mina

Mina was getting ready to sleep . Her room was quiet, and the lights were low. 

Her father  sat beside her and asked, "Would you like to make dua?"

Mina looked at him and nodded.

He said, "You can ask Allah for help, for goodness, or to thank Him." 

Mina raised her little hands. 

For a moment, she was quiet. Then she said softly,
"O Allah, help me. O Allah, thank You." 

Her father smiled. "That is a beautiful dua."

Mina lowered her hands and felt peaceful. 🕊️

She liked knowing that she could speak to Allah at any time—before sleep, when worried, when happy, or when she needed help.

Before closing her eyes, she whispered one more time,
"I make dua." 🌙

Talk Together

- What did Mina do before sleeping?
- Who do we ask in dua?
- Can you say a small dua?

Let's Say It!

"I make dua."

Tiny Dua

O Allah, help me.

Practice Today

Raise your hands  and say one short dua:

- O Allah, help me
- O Allah, thank You
- O Allah, forgive me



Teacher/Parent Note:

Keep dua simple and living. The goal is relationship with Allah, not memorization pressure. Encourage children to ask Allah for whatever is on their little hearts.