



Prophet Yusuf Was Patient! 🌿

A calming lesson for little hearts (Ages 3-5)



Big Idea

Prophet Yusuf was patient.



Heart Goal

The child sees patience as calm, beautiful, and strong.



Lesson Objective

The child hears about Yusuf's patience and applies it to a simple waiting moment.

Language Focus: Patience



Story Time 🧒

There was a Prophet named Yusuf. ✨

Yusuf was patient.

That means he stayed steady. He did not give up. He remained calm and trusted Allah. 💖

A little girl 🧒 was listening to this story. She asked, "*Was Yusuf patient even when things were hard?*"

Her mother 🧒 said,

"Yes. Yusuf was patient." ✨

The girl thought about waiting her turn, waiting for help, and waiting calmly when something did not happen right away. 🤔

She liked knowing that patience is a beautiful thing. 🌸

That afternoon, while waiting for a snack 🍎, she folded her hands and stood calmly.

Then she whispered, "*Yusuf was patient.*" 😊

Her mother smiled. "Yes. And patience is beautiful." 🌿

Talk Together

- Who was patient?
- What does patient mean?
- Can we wait calmly too?

Let's Say It!

"Yusuf was patient."

Tiny Dua

O Allah, help me be patient.

Practice Today

When you wait for something, practice calm hands 🙏 and calm words 🗣️.



Teacher/Parent Note:

At this age, patience must stay concrete. Tie it to waiting, calmness, and steady behavior. Acknowledge and praise their tiny efforts when they manage to wait patiently for a snack or a toy.