

✨ We Say Bismillah! ✨

A joyful lesson for little hearts (Ages 3-5)



Big Idea

We say Bismillah before we begin.



Heart Goal

The child feels happy to remember Allah before eating or starting something good.



Lesson Objective

The child participates by repeating "Bismillah" before a simple action.

Language Focus: Bismillah



Story Time with Maryam



Maryam sat down for lunch 🍴. Her plate was in front of her, and she was ready to eat.

She picked up her spoon quickly 🥄.

Her mother smiled and asked, "What do we say first?"

Maryam stopped. She looked at her mother and thought for a moment.

Then she smiled and said,

"Bismillah." ✨

Her mother nodded happily. "Yes. We remember Allah before we begin."

Maryam said it again, a little louder this time: **"Bismillah."**
Then she started to eat. 😊

Later that day, Maryam was about to open her book 📖.
She remembered the same beautiful words.

She whispered, *"Bismillah."*

Her mother heard her and smiled. Maryam felt proud and happy. She was learning to remember Allah in little things. 💛

**Now, before she began something good, she tried to say,
"Bismillah."**

Talk Together

- What did Maryam say before eating?
- When can we say Bismillah?
- Can you say it with me?

Let's Say It!

**"I say
Bismillah."**

Tiny Dua

Bismillah.

Practice Today

Before one meal or one good activity, say:

"Bismillah." 🎈



Teacher/Parent Note:

Keep it practical. This story is about gentle habit formation and joy in remembrance. Celebrate and encourage the child whenever they remember to say it!