

A Comfort Story

Allah Never Leaves Us

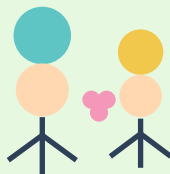
When Prophet Muhammad ﷺ Felt Sad

A gentle Islamic storybook for ages 3-5 about sadness, patience, and remembering that Allah is always with us.

Sadness is Okay
Allah knows every tear



Allah Cares
Allah never left him



Trust Allah
Allah is with me



For Kids Ages 3-5

Big Idea

Big Idea

Allah never leaves us.

Wonder Question

Have you ever missed someone you love?

Little Reminder

It is okay to feel sad. It is okay to cry. Allah knows every tear.

Story Time

Something Sad Happened

When Muhammad ﷺ was six years old, something very sad happened.
His mother, Aminah, passed away.
Muhammad ﷺ felt sad. Very sad. He missed his mother.

Allah Knew

It is okay to feel sad. It is okay to cry.
Allah knows every tear.
Allah knew Muhammad ﷺ was sad.

We Remember

Allah knows what is in every heart.

Allah Never Left Him

Allah Was With Him

Allah never left him.

Allah cared for him. Allah protected him. Allah continued preparing him.

Muhammad ﷺ was not alone. Allah was with him.

For Our Hearts

When we feel sad, Allah is with us too.

We can talk to Allah. We can ask Allah for help.

We Love Prophet Muhammad ﷺ Because...

He trusted Allah during difficult times.

Feel It

Talk About Feelings

What do you do when you feel sad?

Who can you talk to when your heart feels heavy?

Rushd Skill

Patience.

I Am Statement

Allah helps me when I am sad.

My Challenge

My Challenge

When I feel sad, I will say:

Ya Allah, help me.

Family Challenge

Ask your family: "What helps you when you feel sad?"

Kind Reminder

When our hearts feel heavy, we can speak gently, ask for help, and make dua.

Dua & Calm Heart

Dua

Ya Allah, help my heart feel calm.

Slow Breath

Put your hands on your heart.

Take one slow breath.

Say softly: Allah is with me.

Little Comfort

Allah hears us when we make dua.

Mastery & Repeat

Mastery Check

Who was with Muhammad ﷺ when he felt sad?

Answer: Allah was with him.

Child Repeats

Allah is with me.

Allah helps me when I am sad.

Carry This With You

Allah never leaves us.

When I feel sad, I can say: Ya Allah, help me.